

BUSINESS

Free2Flow

Stop working more. Start earning more. One focused session to shift how you position and run your business.

90

MINUTES

1

FOCUSED SESSION



SMALL COHORT

You won't sit and listen. You'll do the work.

Every masterclass is a single 90-minute, coaching-led session — experiential by design and kept small, so every participant is seen, heard, and held accountable to their own next step. You leave with something you can act on immediately.

01

Coaching-Led

Guided by coaching methodologies that move you from where you are to where you want to be.

02

Experiential

You learn by doing — built around participation, real conversations, and practical exercises.

03

Results-Focused

You leave with a clear, personal action step you can take immediately.

Free2Flow

A 90-minute coaching session for freelancers and solopreneurs who know something needs to change but aren't sure where to start. Walk in with your daily challenges — walk out with a clear picture of what's keeping you stuck and exactly what to do next.

HOW IT WORKS



Coaching Conversation

Coaching questions help you see your business from the outside. No theory — just honest, focused thinking that leads to real answers.



Experiential Exercises

Structured activities in real time, alongside peers. What you produce is yours to take and use immediately.



Peer Learning

The cohort format means you gain from others' challenges and breakthroughs as much as your own.



Personal Action Step

You close with one clear, committed action that moves your business forward from day one.

Available:

Online

In-Person

WHAT YOU GAIN

- ✓ Clarity on what's holding your business back right now
- ✓ Sharper positioning that attracts the right clients
- ✓ Confidence to charge what your work is worth
- ✓ One concrete action step you can take immediately
- ✓ Connection with peers on the same journey



“I walked in stuck and walked out with a plan. Best 90 minutes I've invested in my business.”

— Free2Flow Participant

RESERVE YOUR SEAT

Seats are limited and fill quickly.

01

Choose Your Session

Pick the masterclass that speaks to where you are now.

02

Reserve Your Seat

Visit our website and click Reserve Your Seat.

03

Complete Registration

Fill in a short form so we can confirm your place and format.

04

Show Up Ready

Receive your confirmation, date, and everything you need.

Reserve your seat today.

www.neti-coaching.com · hello@neti-coaching.com